Name: Name: Plan & Set Goals Plan & Set Goals This month, my PLAN is: This month, my PLAN is: My GOAL this month is: My GOAL this month is: I will know I met my goal when: I will know I met my goal when: Name: Name: Plan & Set Goals Plan & Set Goals This month, my PLAN is: This month, my PLAN is: My GOAL this month is: My GOAL this month is: I will know I met my goal when: I will know I met my goal when:

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Plan & Set Goals

LAST month my goal was:

I met / did not meet this goal
This month, my PLAN is:

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